



Arizona Occupational Therapy Association

Fall 2018 ArizOTA Conference
 September 21-22, 2018
 15.5 Hours

Embassy Suites Phoenix Scottsdale
 4415 E. Paradise Village Pkwy South
 Phoenix, AZ 85032

Friday, September 21, 2018		
7:15 AM - 8:00 AM	Check-In, Exhibitions, & Breakfast	
	Track 1	Track 2
8:00 AM - 9:30 AM	AOTA Update Ashley M. Delosh, JD - AOTA's Payment Policy Specialist	
9:30 AM - 10:50 AM	Extreme Makeover: OT Edition. My Journey as an Autistic Occupational Therapist	New Eyes for a New Age: Infant Motor Skill Acquisition from the Perspective of the Perception-Action Approach
10:50 AM - 11:10 AM		BREAK
11:10 AM - 11:30 AM		Updated Az-TAS for OT and PT: Best Practices in School Based Therapy
11:30 AM - 12:30 PM	Adopting a New Systemic Approach for Characterizing the Content & Process of OT as Part of a Rehabilitation Team	
12:30 PM - 1:30 PM	Lunch on your own	
1:30 PM - 2:45 PM	Qigong and Tai Chi as Occupational Therapy Intervention	Technology Supports Across the Curriculum
2:45 PM - 3:05 PM	BREAK	
3:05 PM - 4:30 PM	Qigong and Tai Chi as Occupational Therapy Intervention (Cont.)	Technology Supports Across the Curriculum (Cont.)
4:30 PM - 5:00 PM	Legislate Update Triadvocates Lobbying Firm	
5:00 PM - 6:00 PM	Cocktail Reception/Poster Session/Silent Auction	

Saturday, September 22, 2018

7:30 AM - 8:00 AM	Check-In, Exhibitions, & Breakfast	
	Track 1	Track 2
8:00 AM - 10:00 AM	Occupational Therapy, Employment First & WIOA	Learn to Move, Move to Learn: Evidence-Based Neuroscience Foundations in Sensory Processing Disorder
10:00 AM – 10:50 AM	Occupational Therapy’s Role in Primary Care	
10:50 AM – 11:10 AM	BREAK	
11:10 AM - 12:00 PM	Rock ‘N’ My Workout: Using Music-Based Exercises to Promote Balance, Functional Strength, and Mobility in Participants at an Adult Day Care Center	
12:00 PM - 1:30 PM	Awards Luncheon	
1:30 PM - 2:00 PM	ArizOTA Conversations That Matter	
2:00 PM – 2:55 PM	An OT at CMS	Keep Them Safe! Prevention of Molestation of Special Needs Students
2:55 PM – 3:10 PM	BREAK	
3:10 PM - 4:00 PM	OT’s Role in Chronic Pain Rehabilitation: Envision Living Well with Chronic Pain	Modifying the Sensory Environment to Support Participation in the Preschool Classroom
4:00 PM - 5:00 PM	Highlights and Themes from the World Federation of Occupational Therapy Congress in Cape Town, South Africa	
	Occupation-based and Culturally Relevant Occupational Therapy Services for Children and Caregivers in Rural Zomba, Malawi	
5:00 PM-5:30 PM	Wrap-up & Course Evaluations	

Course Descriptions

Track 1

Extreme Makeover: OT Edition. My Journey as an Autistic Occupational Therapist

Abstract: Bill Wong will provide a snapshot of what it is like to be an occupational therapist as an autistic individual. Bill will also teach occupational therapy practitioners how to share their distinct value to the public and share some of his anecdotes for successfully utilizing social media platforms

Presenter(s): **Bill Wong, OTD, OTR/L** is a licensed practitioner in California, having obtained his clinical doctorate degree in 2013. He has been a well-known autism self-advocate since his diagnosis of Asperger's Syndrome in 2010. His passions are to help occupational therapy students succeed from where they are at, as well as help other autistic occupational therapy students and practitioners become successful in occupational therapy.

Adopting a New Systemic Approach for Characterizing the Content & Process of OT as Part of a Rehabilitation Team

Abstract: A new systematic approach, RTSS, using a top-down approach to examine rehabilitation treatment process and outcomes for the benefit of practice, education and the scholarship of practice in OT, warrants consideration. This approach assists with clearly articulating the unique OT contribution to outcomes from intervention.

Presenter(s): **Christine C. Chen, ScD, OTR, FAOTA** is a Professor and Associate Director at Texas Woman's University-Denton Campus. **Susan Lin ScD, OTR/L, FAOTA** is on faculty at the MGH Institute of Health Professions in Boston, MA. **Mary K. Ferraro PhD, OTR/L** practices at Moss Rehab, Elkins Park, PA. **Susan Fasoli, ScD, OTR/L** is on faculty at MGH Institute of Health Professions, Boston, MA.

Qigong and Tai Chi as an Occupational Therapy Intervention

Abstract: An introduction to Qigong and Tai Chi for use in occupational therapy will be presented through lecture, demonstration and practice.

Presenter(s): **Evelyn Andersson, PhD, OTR/L, RYT**, is faculty at Midwestern University and teaches wellness occupations. She is a certified instructor in medical qigong and yoga (200 hours).

Occupational Therapy, Employment First & WIOA

Abstract: Understanding the AZ-JOBS initiative and WIOA enables OTs to improve employment outcomes and quality of life for individuals with disabilities.

Presenter(s): **Christopher Trujillo OTD, OTR/L, GCG, ATP** is an Assistant Professor at Midwestern University and Chair of the ArizOTA Postsecondary Transition SIS. **Susan Voirol, M.Ed**, is employed by the Sonoran UCEDD (U of A) and is the Employment First and Transition Initiatives Phoenix Manager.

Occupational Therapy's Role in Primary Care

Abstract: Occupational therapists have a distinct role in primary care. An overview and examples of the roles and responsibilities will be highlighted.

Presenter(s): **Oaklee Rogers, OTD, OTR/L** is Chair of the Occupational Therapy Program at Northern Arizona University and the Administrative Director for the Student Health Outreach for Wellness community initiative.

Sue Dahl-Popolizio, DBH, OTR/L, CHT is Clinical Assistant Professor in the Doctor of Behavioral Health Program at Arizona State University.

Rock 'N' My Workout: Using Music-Based Exercises to Promote Balance, Functional Strength, and Mobility in Participants at an Adult Day Care Center

Abstract: This course explores the use of a music-based balance and strengthening exercise intervention with community-dwelling adults who are cognitively impaired.

Presenter(s): **Carly Blondin, OTD, OTR/L** received her OTD in 2018 from Touro University Nevada. Her scholarly interests include geriatric care, neurodegenerative diseases, and assessment analysis.

Dr. Frasier is an OT Professor at Touro University Nevada. She received her PPOTD from Creighton and specialized in Aging in Place, Lymphedema, and Ergonomics. **Linda Frasier, OTD, OTR/L, CLT, CEAS, and CAPS** is an OT Professor at Touro University Nevada. She received her PPOTD from Creighton and specialized in Aging in Place, Lymphedema, and Ergonomics.

An OT at CMS

Abstract: One OT's experience working for Centers for Medicare & Medicaid Services

Presenter(s): Joseph Christ, OTR/L, LCDR of the U.S. Public Health Service Commissioned Corp has experience working six years in private practice (rehab/hands), ten years on the Navajo Indian Reservation, three years with the Bureau of Prisons, and the last five years working at Centers for Medicare and Medicaid.

OT's Role in Chronic Pain Rehabilitation: Envision Living Well with Chronic Pain

Abstract: OT's role in chronic pain rehabilitation: Teaching skills not pills for improving quality of life and functioning in daily living.

Presenter(s): Michele Cernich, OT/L is a 1991 graduate of San Jose State University with a BSOT. Instructor, Physical Medicine & Rehabilitation – Mayo Clinic College of Medicine since 10/2015. Assisted with opening the Pain Rehabilitation Center on the Mayo AZ campus in 2016.

Track 2

New Eyes for a New Age: Infant Motor Skill Acquisition from the Perspective of the Perception-Action Approach

Abstract: Have you ever stopped and asked yourself, "How do children REALLY acquire motor skills?" or "Why do outcomes differ?". This course will provide an introductory look into the concepts of Perception-Action Approach in order to facilitate optimal movement organization.

Presenter(s): Cuyler Romeo, M.O.T., OTR/L, SCFES, CLC is the President of *The Institute of Perception-Action Approach* and a pediatric feeding specialist who has worked in a variety of treatment arenas serving fragile infants and their families for the past 15 years. She holds AOTA's specialty certification in Feeding, Eating and Swallowing (SCFES) and is a certified lactation Counselor (CLC). She also is certified in TAMO and Perception-Action Approach (C/PA) granting her a comprehensive approach to working with children with complex needs.

Updated Az-TAS for OT and PT & Best Practices in School Based Therapy

Abstract: The updated Arizona Technical Assistance System (AZ-TAS) for OT and PT provides guidance on implementation and is reflective of BEST practices in school based therapy.

Presenter(s): Cindy Hartmann, MS, OTR/L is a school based Occupational Therapist since 1996. She currently works at Mesa Public Schools as the Department Chairperson for OT/PT since 2004. **Evelyn Andersson, Ph.D., OTR/L, RYT** is an Associate Professor at Midwestern University where she teaches professional reasoning, neuroscience, pediatrics, and wellness/complementary therapies. **Margaret Egan, PT** is the lead OT/PT/APE in TUSD. Graduated 1980 Daemen College. Worked in acute care hospital settings and then in 1990 as a school based physical therapist. **Mitch Galbraith, OTR/L** is an occupational therapist. He worked in the public schools as an OT for 17 years. Mitch currently works as an Assistive Technology Specialist for the Arizona Department of Education. **Lorri Hansen, PT, DPT, PCS** is a pediatric certified specialist working in the Deer Valley Unified School District and AzeIP for the last 19 years. **Robyn Nelson, PT** is a 1979 graduate of UND, which equates to 39 years of service, the last 19 years with YSD #1, PreK -Junior High. **Linda Q. Rudd, M.Ed., OTR/L** is an Occupational Therapist in Peoria Unified School District for the past 20 years; OT/PT lead from 2008-2014; she is currently serving as Special Education Transition Coordinator. **JoHelen Strawn, OTR/L, COTA**, Mount Aloysius College 1983. OT, Dominican College 1991. Hospital and Rehab. 8 years. Public Schools 27 years. Private practice 8. **Michelle Wagoneer, PT** is the PT/OT/APE lead in Peoria Unified School District and an active participant in Community of Arizona Schools Therapists (COAST). **Linda Wilkins, MED, OTR/L** is an Occupational Therapist since 1981 through Flagstaff Unified School District. She is also an Assistive Technology Specialist.

Technology Supports Across the Curriculum

Abstract: OT practitioners must possess basic knowledge of technology. Low to high tech come get some free resources to implement immediately.

Presenter(s): Matthew Press, MHS, OTR/L, ATP is a national voice in AT presenting regularly at state/national conferences, AT specialist in Peoria Unified, and runs NAU's graduate certificate in AT.

Learn to Move, Move to Learn: Evidence-Based Neuroscience Foundations in Sensory Processing Disorder

Abstract: Therapists will identify interdependent dynamics of sensory systems on participation in childhood occupations and explore a repertoire of advanced insights into sensory processing disorder using current evidence-based practices. Therapists will use this sensory foundation information to develop creative original lessons plans from the 'Learn to Move' curriculum.

Presenter(s): Jenny L. Clark, OTR/L, BCP has helped children over the past 28 years as a licensed pediatric occupational therapist working as a speaker, consultant, private practitioner at her own clinic, school-based occupational therapist, independent contractor for early intervention services, inventor, and author of *Learn to Move, Move to Learn* curriculum series. Jenny is known for her dynamic personality, sprinkled with humor that engages people to 'think outside the box' inspiring unlimited creative ideas. She can be contacted at: www.SPDconnection.com.

Keep Them Safe! Prevention of Molestation of Special Needs Students

Abstract: Children with special needs are three times more likely than typical children to be molested. This presentation will provide prevention guidelines.

Presenter(s): Debra Jacobs, MA, OTR/L has been an occupational therapist since 1983. Currently a school therapist, she has authored articles and a book about OT interventions for children with special needs.

Modifying the Sensory Environment to Support Participation in the Preschool Classroom

Abstract: This session focuses on modifying the sensory environment of the preschool to support participation of students within the classroom setting.

Presenter(s): Aimee Piller, PhD, OTR/L received her Masters in Occupational Therapy from Temple University and her PhD from Texas Woman's University. She is currently in private practice, specializing in pediatrics.

Highlights and Themes from the World Federation of Occupational Therapy Congress in Cape Town, South Africa

Abstract: The main highlights and themes from the 17th World Federation of Occupational Therapists Congress in Cape Town, South Africa, 2018.

Presenter(s): Evelyn Andersson, Ph.D., OTR/L, RYT is an Associate Professor at Midwestern University where she teaches professional reasoning, neuroscience, pediatrics, and wellness/complementary therapies. **Cassie Durfee, OTS** is a second-year occupational therapy student at Midwestern University. She has a strong interest in international occupational therapy and service.

Occupation-based and Culturally Relevant Occupational Therapy Services for Children and Caregivers in Rural Zomba, Malawi

Abstract: The aim of this presentation is to share reflections from a service mission trip to the Passion Center in Zomba, Malawi. The group of OT faculty and students aimed to develop sustainable program strategies to be implemented by staff and caregivers for children with disabilities, primarily cerebral palsy.

Presenter(s): Evelyn Andersson, Ph.D., OTR/L, RYT is an Associate Professor at Midwestern University where she teaches professional reasoning, neuroscience, pediatrics, and wellness/complementary therapies.

Posters

Creation of a Meditation Garden for a Residential Substance Use Disorder Treatment Facility

Author: Oaklee Rogers, OTD, OTR/L and Holly Mulvaney, OTS

Abstract: The poster will provide an overview of the creation of a meditation garden for a substance use disorder treatment facility.

Disaster Preparedness and Management of Occupational Disruption: An Initial Exploration for Building Capacity Across State Lines

Author: Susan Hermes, OTD, OTR/L, BCP and Mary Schmitz, OTD, OT/L

Abstract: Case study examination of occupational roles and reflection upon community needs and opportunities in multi-state responses to large disasters.

The Effectiveness of Multiple Occupational Therapy Evidence-Based Interventions in Improving Motor Skills of Children with Developmental Coordination Disorder

Author: Aimee Piller, PhD, OTR/L, Claire Giuliano, OTS, and Lindsey Kohnert, OTS, Med.

Abstract: This study examines the effectiveness of routine occupational therapy interventions on improving motor skills of children with coordination delay.

The Occupational Therapist and the Individual with COPD as State Captains for the COPD Foundation: Exploring the Collaboration Potential

Author: Mary Schmitz, OTR/L and Pat Owens

Abstract: Volunteering as state captains for the COPD Foundation has created a collaboration between an occupational therapist and individual with COPD.

Occupational Therapy Meeting Needs in Primary Care: A Retrospective Analysis

Author: Sue Dahl-Popolizio, DBH, OTR/L, CHT

Abstract: This study identified the most common diagnoses seen in primary care and determined OT interventions to treat these conditions as part of the interprofessional primary care team.

Occupational Therapy's Role in Health Promotion for Adults with Substance Use Disorders: A Systematic Literature Review

Author: Oaklee Rogers, OTD, OTR/L, Stephanie Kidder, OTS, Derek Adams, OTS, and Sarahi Lerma, OTS

Abstract: A systematic review examining literature on health promotion for individuals with substance abuse disorders and OT's role in interprofessional care.

OT Private Practice: Essential Knowledge, Skills and Dispositions

Author: Brenda Coppard, Ph.D., OTR/L, FAOTA

Abstract: This study analyzed the knowledge, skills, and dispositions considered necessary by OT practitioners who own a private practice.

Perspectives on Occupational Therapy Students' Participation in an Interprofessional Education Experience on a Primary Care Mission Trip to Guatemala

Author: Susan Tully, MS, OTR/L

Abstract: This poster describes interprofessional learning experiences of OT students offering primary healthcare services on an international mission trip to Guatemala.

The REAL Diabetes Study: Evidence-based OT Intervention Strategies to Improve Clinical Outcomes and Quality of Life for Clients with Diabetes

Author: Alyssa Concha-Chavez, OTD, OTR/L, Elizabeth Pyatak, PhD, OTR/L, CDE, Kristine Carandang, PhD, OTR/L, and Jesus Diaz, OTD, OTR/L

Abstract: This poster highlights goals, activities, and practical strategies that led to improved clinical outcomes in the Resilient, Empowered, Active Living with Diabetes (REAL) intervention.